## Breakfast & Lunch

## Ben Hill Preschool





Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
	National School Breakfo	ıst Week 4 thru the 8th; "Take	Off with School Breakfas	t"
Muffin, Yogurt Cup Fruit, Juice	Chicken & Waffles Fruit/ Juice	Sausage Biscuit Fruit, Juice	Ham & Cheese Croissant Fruit/ Juice	Eggs, Grits, Sausage, Biscui Fruit/ Juice
Spaghetti w/ Meat Sauce Romaine Salad/Dressing Whole Kernel Corn Garlic Toast Fruit, Juice	Soft Shell Taco L/C Mexican Rice Pinto Beans Pico De Gallo Fruit, Juice	Chicken & Rice Turnip Greens Candied Yams Cornbread muffin Fruit, Juice	BBQ Sandwich Crinkle Fries Baked Beans Cole Slaw Fruit, Juice	Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit, Juice
11	12	13	14	15
Pancake Wrap Fruit, Juice	Sausage Biscuit Fruit, Juice	Cereal/Cheese Stick Juice	Mini Pancakes Fruit, Juice	PLC Day
Chicken Sandwich Lettuce/Tomato/Pickle Waffle Fries Baked Beans Fruit, Juice	Nacho w/ Chips L/C Mexican Street Corn Pinto Beans Pico De Gallo Fruit, Juice	Deli Turkey Club Sandwich With L/T/C Ranch Roasted Broccoli Carrot dippers Chips Fruit, Juice	Irish Stew Romaine Salad/Dressing Corn on the Cob Cornbread Muffin Cookie Fruit, Juice	No School for Student
18	19	20	21	22
Breakfast Pizza Fruit, Juice	Chicken Biscuit Fruit, Juice	Muffin/Yogurt Juice	Mini Waffles Fruit, Juice	Breakfast Burrito Fruit, Juice
BBQ Meatballs Mashed Potatoes Peas & Carrots WG Breadstick Fruit, Juice	Chicken Fajita Yellow Rice Broccoli w/Cheese WG Breadstick Fruit, Juice	BBQ Chicken Wings Mac & Cheese Green Beans WG Yeast Roll Celery Sticks w/Ranch Fruit, Juice	Chili Cheese Tots Corn on the Cob Carrot Fries Fruit, Juice	Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice
25	26	27	28	29
Pancake Wrap Fruit, Juice	Sausage Biscuit Fruit, Juice	Cereal/Cheese Stick Juice	Mini Pancakes Fruit, Juice	Ham & Cheese Croissant Fruit, Juice
Spaghetti w/ Meat Sauce Romaine Salad/Dressing Whole Kernel Corn Garlic Toast Fruit, Juice	Soft Shell Taco L/C Mexican Rice Pinto Beans Pico De Gallo Fruit, Juice	Hot Dog Crinkle Fries Baked Beans Cole Slaw Fruit, Juice	Chicken Tenders Turnip Greens Candied Yams Cornbread muffin Fruit, Juice	Cheeseburger Lettuce/Tomato/Pickle Sweet Potato Fries Baked Beans Fruit, Juice

Choice of Milk and Water Daily.

This institution is an Equal Opportunity

Provider

